

June, July & August

Join me, **Lisa Graves** for swimming lessons this summer in my **heated outdoor pool**; I like it hot so rest assured the pool will be 90F to ensure a positive experience. I **personally instruct all classes** pulling from my vast years of **experience and expertise**:

- I have been teaching swimming lessons for 40+ years
- Enjoyed my fulltime career as a teacher & swim coach with TDSB for 33 years
- I have been strongly committed to running my company, Crossley Aquatics Ltd., since 1992
- I am currently an educator at Dogwood Forest
- Proud mother of Bradley and Britney Graves and grandmother of 4 wonderful grandchildren!

My philosophy:

- Swimmers will be fully immersed in a fun & active lesson with friends building skills, strokes, fitness, knowledge and a healthy respect for the water
- Swimmers learn through play, imagination, games, observation, challenges, and friends
- Ratios are low to ensure that swimmers will have an optimal amount of swim time, feedback and thus progression each lesson

Lifesaving Society Programs – Half hour lessons

Swim for Life: (Learn to Swim) <ul style="list-style-type: none"> • Parent & Tot • Preschool • Swimmer 	Lifesaving Camp (Mon-Fri 9:00-3:30) Patrol (Rookie, Ranger, Star) Bronze (Star, Medallion, Cross) First Aid (Basic, Emergency, Standard)	Adult Lessons: <i>Programs tailored to you!</i> <i>Grab some friends to enjoy:</i> learn to swim, stroke development, fitness, &/or water safety
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June 8-12, 15-19, 22-26		July 6-10, 13-17		July 20-24		July 27-31		Aug 10-14, 17-21			
8:00	AM Block 1	8:00	Possible class	8:00	AM Block 1	8:00	AM Block 1	8:00	Possible class		
8:30		8:30	8:30	8:30		8:30		8:30	AM Block 1		
9:00		9:00	9:00	9:00		9:00		9:00	AM Block 1		
9:30		9:30	9:30	Break 15 min		9:30		Break 30 min	9:30	AM Block 1	
10:00	Break 10:00-2:30	10:00	Break 15 min	9:45	Break 10:45-2:00	10:00	Lifesaving Camp	10:00	Break 15 min		
10:30		10:15	10:15	10:15		10:30		10:15	AM Block 2		
11:00		10:45	10:45	11:00		11:00		10:45	AM Block 2		
11:30		11:15	11:15	11:30		11:30		11:15	AM Block 2		
12:00		11:45	11:45	12:00		12:00		Lunch 30 min	11:45	Break 15 min	
12:30		12:00	12:00	12:30		12:30		Lifesaving Camp	12:00	PM Block 1	
1:00		12:30	12:30	1:00		1:00			12:30		
1:30		1:00	1:00	1:30		1:30			1:00		
2:00		1:30	1:30	2:00		2:00			1:30		
2:30		PM Block 1	2:00-7:00	No Lessons		2:00		PM Block 1	2:30	Break 30 min	2:00-7:00
3:00	2:30				3:00	3:00	PM Block 1				
3:30	3:00				3:30	4:00	PM Block 1				
4:00	3:30				4:00	4:00	PM Block 1				
4:15	PM Block 2	2:00-7:00	No Lessons	4:00-7:00	No Lessons	4:00-7:00	No Lessons	2:00-7:00	No Lessons		
4:45											
5:15	Break 15 min	2:00-7:00	No Lessons	4:00-7:00	No Lessons	4:00-7:00	No Lessons	2:00-7:00	No Lessons		
5:45											
6:00	Possible class	2:00-7:00	No Lessons	4:00-7:00	No Lessons	4:00-7:00	No Lessons	2:00-7:00	No Lessons		
6:30	Possible class										

Program Descriptions

Lessons	Group	Ratio	Weekly Fees	Description
Parent & Tot (4 months to 3 years)	Play Group	5:1	\$140	Come join me in the Parent & Tot program to enjoy time with your toddler and other parents. Through play we will increase your child's comfort level and build your confidence and skills to teach your child to play & be safe around the water. Level is based on developmental age.
Preschool (3-5 years)	Small Group	3:1	\$195	The Preschool program gives children a head start on learning to swim. We will continue to learn through games, play and imagination while developing an appreciation & healthy respect for the water. Parents/caregivers are encouraged to join the class to grow together to develop a shared appreciation and healthy respect for water, including understanding both your child's and your own skills and abilities, developing responsible aquatic behaviours, and supporting overall enjoyment when spending time in aquatic settings Preschool swimmers who cannot stand independently (water depth approximately 3' to 3'2") in the pool MUST have a parent/caregiver available to be in the water within arm's reach to ensure a safe swimming experience.
Swimmer 1-3 (5-12 years)	Small Group	3:1	\$195	Swimmer 1-3 levels build the foundation of strokes and skills. While all swimmers start this program with varying comfort levels they work at their own pace towards floating & gliding on front and back, jumping & diving into deep water and the building the fundamentals for the core strokes of front crawl, back crawl & breaststroke. Water smart drowning prevention messages are integrated into daily learning.
Swimmer 4-6 (5-12 years) Patrol (completed Swimmer 6) Adult	Group	4:1	\$195	Swimmers 4-6 levels further develop skills, strokes, and knowledge to empower your child to make wise choices around water. Swimmers will practice entries, surface support & Swim to Survive skills as well as participate in interval training to develop fitness levels. Of course, we will work to refine core strokes of front crawl, back crawl, breaststroke & more. Water smart drowning prevention messages are integrated into daily learning. Patrol levels (Rookie, Ranger & Star) are highly encouraged to refine your child's swimming & water safety skill giving your child the skill level & efficiency needed to swim in pools, lakes, etc. The Patrol program introduces rescue & lifeguarding skills giving your child a strong foundation for the Bronze programs. Adult classes tailored to your needs! Learn to Swim, Stroke Development, Fitness, Water Safety and more. Please call to discuss weeks, times, and format.
Family Class	Siblings	2:1 3:1 or 4:1	\$555	The Family Class option is available if you wish to reserve the pool and instructor for only your family, allowing all of your children to enjoy a class together at the same time. Parent(s) must be available to be in the water within arm's reach of preschool swimmers to ensure a safe swimming experience. Feel free to discuss logistics of your family swim levels prior to registration.
Lifesaving Camp (10-15 years) July 27-31	Patrol Rookie Ranger Star Bronze Star Medallion Cross	8:1	\$390	At Lifesaving Camp participants will take part in an intensive 1-week course involving first aid, swim and rescue skills development required to perform rescue scenarios. Emphasis is placed on learning in a relaxing, fun outdoor environment while preparing for a final exam. Days will be spent soaking up the sun, working hard and earning those valuable playtime breaks. A Lifesaving examiner will examine all candidates who the instructor feels are prepared for the exam on the morning of the last day. The final afternoon will be spent celebrating and kicking back having fun at Dogwood Forest. Pre-requisites: <ul style="list-style-type: none"> • Patrol (Rookie, Ranger, Star): Complete Swimmer 6, age 9-12 • Bronze Star & Basic First Aid: Complete Swimmer 6 or Patrol Star, age 12 • Bronze Medallion & Emergency First Aid: Complete Swimmer 6, age 13+ OR complete Br Star • Bronze Cross & Standard First Aid: Complete Bronze Medallion & EFA Additional fees apply as follows: <ul style="list-style-type: none"> • Bronze Star \$60 for certification • Bronze Medallion & Cross \$120 for exam, certification & course materials. Bronze Medallion & Cross Pre-Camp Program: participants will be required to: <ul style="list-style-type: none"> • Register by May 15 • Participate in INTRO NIGHT the week of June 8 for swim test, team building, course resources and online course registration • Register for additional swimming lessons to prepare for Lifesaving Camp if required • Complete online first aid training & bronze workbook prior to July 27

Registration & Policies

PROGRAM POLICIES:

Facility	<ul style="list-style-type: none"> • Pets: Refrain from bringing pets to the property; if this is not possible, leashing is mandatory • Washrooms: A portable washroom will be available • Change rooms: A tent will be available for changing
Participant Requirements	<ul style="list-style-type: none"> • Upon arrival: <ul style="list-style-type: none"> ○ Access to the pool is at the top of the driveway along the path beside the portable toilet ○ Please refrain from walking across the lawns • Pool Deck: <ul style="list-style-type: none"> ○ Wait to enter the deck prior to your lesson if the area is full ○ No food or glass bottles permitted ○ Children must be sitting with parents quietly

REGISTRATION PROCESS

<ul style="list-style-type: none"> • Submit the Google Form Online Registration at www.crossleyaquatics.com • Payment in Full is DUE UPON RECEIPT of invoice • Confirmation of Registration by receipt of paid invoice
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ADDITIONAL FEES & DISCOUNTS

Registration Changes	Applies any time there is a change in registration or cancellation	\$25
Insufficient Funds	NSF, Late Payment	\$25
Sibling Discount	Applies to additional siblings attending the same week	5%

PAYMENT INFORMATION

<ul style="list-style-type: none"> • Full Payment Due: upon receipt of invoice • Payment Plans: available upon request • Payments to be made by e-transfer to lisa.graves@crossleyaquatics.com, cheque payable to Crossley Aquatics Ltd, or cash

CANCELLATION & REFUND POLICY

When you choose to enroll your child at Crossley Aquatics Ltd., you are reserving space, time, supplies, and staffing. In many ways, the commitments we make to facility preparation, program equipment, health and safety supplies, and staff are in place well in advance of programs beginning. The following policies have been created to address both the financial concerns families may have and ensuring that the sustainability of operating and providing programs at Crossley Aquatics Ltd. can be maintained. Please email requests to lisa.graves@crossleyaquatics.com; requests will be processed in a timely manner.

Administration Fee	A \$25 administration fee applies to ALL cancellations and changes to registration
Participant Cancellation	<p>All cancellations must be made in writing with supporting documentation as required</p> <ul style="list-style-type: none"> • Full Refund if the request is made: <ul style="list-style-type: none"> ○ 1 month prior to swim week ○ Less than 1 month prior to swim week due to illness or injury <ul style="list-style-type: none"> ▪ Medical note or proof of required cancellation submitted • Partial Refund if the request is made: <ul style="list-style-type: none"> ○ Cancellation less than 1 month prior to swim week NOT due to illness or injury ○ Due to a swimmer having to miss more than 2 days due to illness or injury <ul style="list-style-type: none"> ▪ Medical note or proof of required cancellation must be submitted
Closure due to Communicable Disease	Full Refund for days missed due to mandated closure

MISSED DAYS POLICY

Inclement Weather	<ul style="list-style-type: none"> • While we will make every effort to not cancel swimming lessons, there are times when cancellation due to inclement weather is the only option to ensure the health and safety of the swimmers and instructors. • Cancellations will be on a case-by-case basis with consideration for air temperature, precipitation intensity and duration as well as wind and electrical storms • Cancellations cannot be guaranteed to be rescheduled; if scheduling allows, I will gladly work in a make-up class • Refunds will be issued for classes in excess of 1 cancellation in a given week
Participant Absence	No make-up days will be scheduled, or refunds issued should your child miss any lessons due to mild illness, vacation, injury, removal from program, etc.